

La Maison Bleue

SPA MENU

Thai Massage, 50 minutes

800 EGP

This oil-free massage is based on a series of stretches and pressure point techniques. The treatment promotes blood flow and releases toxins in tired muscles to invigorate and heal them

Ayurveda Massage, 50 minutes

800 EGP

Ayurveda is an ancient Indian medical system that aims to maintain the health of The mind and spirit, tailored to each person. Most ayurvedic treatments involve Some degree of massage with therapeutic essential oils chosen to suit your mood. Ayurveda therapists are trained to focus on the 'marma' points to the pressure points In reflexology, acupuncture and acupressure.

Swedish Massage, 50 minutes

800 EGP

A full body massage, both invigorating and relaxing. This massage helps to reduce Tension, soothe sore muscles and increase circulation.

Hot Stone Massage, 50 minutes

800 EGP

A unique experience using hot and cool stones to benefit the lymphatic system by Creating gentle, efficient drainage. It provides a deeper elimination of toxins and Blockages than a traditional massage.

Aromatherapy Massage, 50 minutes

800 EGP

The treatment is based on essential oils derived from plants to positively affect your Mood and alleviate pain.

Honey Release Massage, 50 minutes

800 EGP

This massage treatment uses honey and fresh pure orange juice to release muscle Tension, increase blood circulation, and moisturize your skin.

Turkish Hamam

800 EGP

Avocado Body Care, 50 minutes

800 EGP

Wrapped in a warm cover, it preserves natural moisture and elasticity and helps Prevent aging of the skin. Increases skin firmness to keep looking healthy and revitalized While relaxing dry skin to soften rejuvenate.